

**Embassy of India
Ashgabat

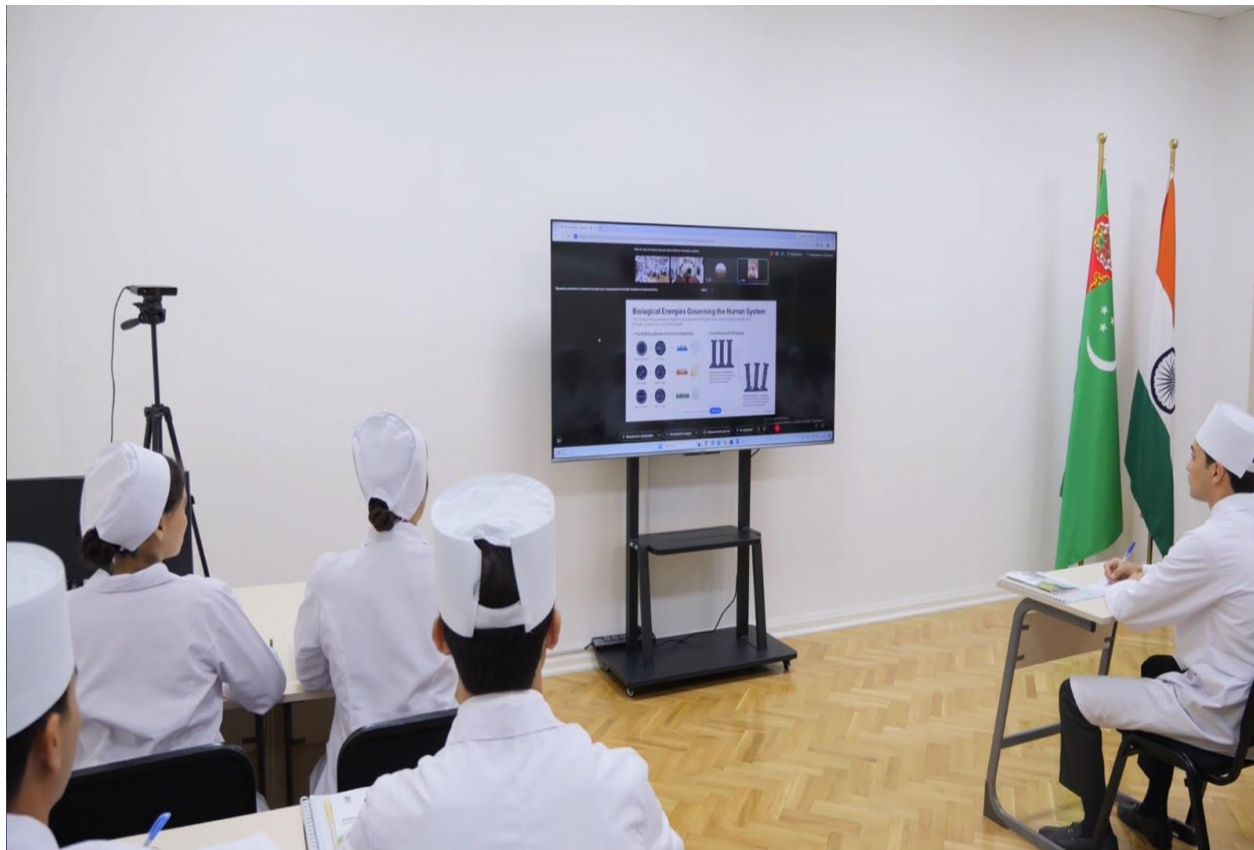
Press Release

All India Institute of Ayurveda (AIIA), Goa organised a Webinar on 5 October 2026 for the students of the Myrat Garryev Turkmen State Medical University (Ashgabat) on the topic “*Pathogenesis of Diseases in Ayurveda: The Tridosha Theory*”. The session was conducted by Associate Dean, AIIA, Goa, Dr. Mohan R. Joshi.

2. The Webinar was attended by the Dean, and the students of Faculty of Sports and Health Rehabilitation. Dr. Joshi made a detailed presentation on the Concept of Tridosha – the three fundamental imbalances: Vata (Air and Space), Pitta (Fire and Water) and Kapha (Earth and Water) and explained how disturbances in the balance of the three doshas are associated with the onset and progression of diseases. This was followed by an interactive Question & Answer session which helped the students to deepen their understanding of Ayurveda and its Tridosha theory.

3. India shares longstanding bonds of friendship and people-to-people linkages with Turkmenistan. A ‘Yoga and Traditional Medicine Centre’ was inaugurated during the visit of Prime Minister of India H.E. Mr. Narendra Modi to Ashgabat in 2015. An “Ayurveda Chamber” was inaugurated at the Myrat Garryev Turkmen State Medical University in Ashgabat in January 2026. In line with its policy of “Extended Neighbourhood”, India will continue to share its developmental experience and expertise with Turkmenistan, including in the fields of Healthcare, Pharmaceuticals, Ayurveda, Traditional Medicine, etc.

**Ashgabat
12 October 2026**





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MoA IC cell and Myrat Garryev State Medical University webinar

Layout Meeting info

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